

SYDNEY ROLLER DERBY LEAGUE TRY-OUTS

DATES

23 AUG - SKILLS CLINIC (1-3pm)

You must attend this session in order to try out for SRDL

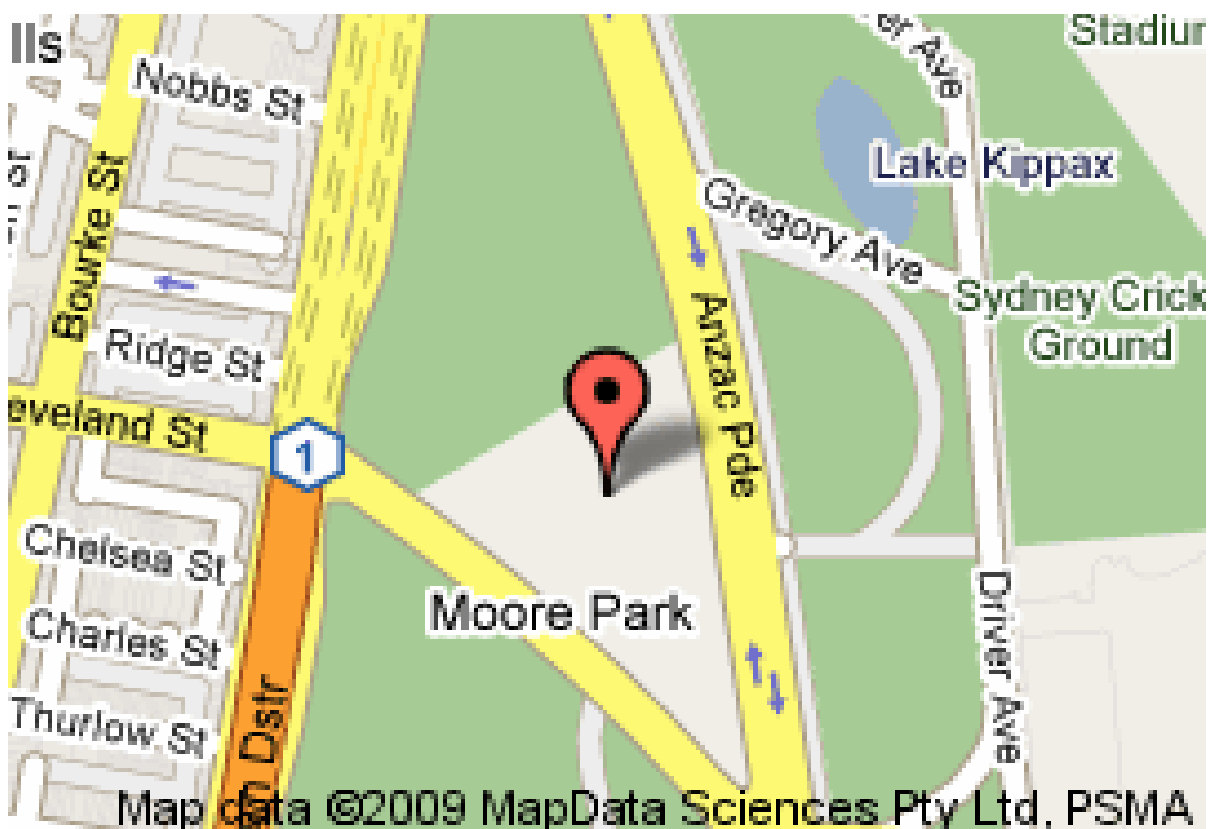
30 AUG - TRY OUTS (1-3pm)

You must attend both days

Please arrive at 12:45 to check in and gear up!

LOCATION

UTS/SYDNEY BOYS' HIGH STADIUM - CLEVELAND STREET, MOORE PARK.



ALL CANDIDATES MUST...

Be over 18 years of age + have their own skates (quads), kneepads, elbow pads, wrist guards, helmet, mouthguard and water.

DO NOT BRING...

Friends, family, children or pets with you. We know it's great to have moral support, but we anticipate having a lot of people attend and it will be difficult to function efficiently with bystanders milling about. **Tryouts are not open to the public outside of participants.**

WHAT YOU WILL BE DOING AT TRY-OUTS:

Previous skating experience is a must, and you will be taught derby skills at the Skills Clinic, but to be at your best is to practice, practice, practice.

Open Skate Warm Up:

This is when we will identify your skill level.

Drills:

Our coaches will be conducting a series of drills that we do during our regular practices. Don't worry. Just do the best you can!

What you need to know:

New women who are successful in the try outs will be asked to join the Sydney Roller Derby League. As a member of SRDL, you are expected to attend training on Tuesdays at Menai from 8-10pm, Saturdays at Sydney Uni from 2-5pm, and Sundays at UTS Sydney Boys' High from 1-3pm. Starting in 2010 our training venues & days may change. Please take this into consideration if you already have commitments on these nights (school, job, hobbies. etc.). In addition to these weekly practices, all league members are expected to attend league meetings and donate time to help further the league (for example serve on a committee, help with fundraisers, or set up and tear down at bouts).

If you cannot make these tryouts, please keep checking the website or listening at events for new dates. We will be conducting another Fresh Meat Course for Beginners early in 2010, and hold try-outs at a later date.

Thank you for your interest in skating with Sydney Roller Derby League and good luck. We look forward to meeting you.

TO REGISTER CONTACT:

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